

THE
WHOLE DUTY
OF
W O M A N,

COMPRISED IN THE FOLLOWING
S E C T I O N S ;

V I Z.

- | | |
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BY A L A D Y.

Written at the Desire of a noble L O R D.

PRINTED AT WALPOLE, NEWHAMPSHIRE,
BY DAVID CARLISLE, JUN.
AND SOLD AT HIS BOOKSTORE.

1797.



TO THE
R E A D E R.

IT is a reproach, too often justly, cast on writers of morality, that their names prefixed in the title pages of their books, are little else than a confutation of the precepts that follow.

For as the morals of a divine, add no little weight to the doctrine he would inculcate from the pulpit; so the life of a writer equally diminishes, or adds to, the regard the publick pay his works.

It is for this reason, as I should be sorry sentiments, whose truth and importance I am so fully convinced of, should meet with less regard from a knowledge of their author, that this little piece comes into the world without a name, which on other occasions has been made so publick.

I am sensible of the curiosity naturally arising in every reader, the desire of knowing who, and what is the author: but for the above mentioned reason, not

to say there is a rudeness in striving to know what is industriously concealed, I presume my denial of gratifying such curiosity, will not be imputed to my having less ambition to appear, in the theory, a persuader of the fair sex to virtue, than I have been by example to afford them dissuaves from vice.

I NO 61

TO THE
RIGHT HONOURABLE
THE
EARL OF ****.

MY LORD,

IF it were possible to suspect your Lordship of ever speaking without design, the compliment you once honoured me with, might be reckoned, as most compliments are, attended with no meaning; you was pleased to say, with an air of pleasantry, you thought me the most proper person of my whole sex, to write *the Duty of a Woman*; yet, as the occasion of your Lordship's making this remark was a very particular one, it was impossible for me to construe it into mere raillery. I am persuaded, if the world were sensible to whom I now address myself, no other apology would be necessary for my presumption in the following work than the knowledge of your private opinion, in my behalf; but as I have no right, at this distance, to transgress so far on your Lordship's complacence,

placence, I must submit to the censure of the few, who may make any discovery concerning the author.

But if a perfect knowledge of the subject, be qualification sufficient to entitle a writer to the exercise of the pen; I presume, as the knowledge dearly bought by experience, is universally esteemed the most just, I have been greatly, though not sufficiently, qualified to venture on compiling *the Duty of Woman*.

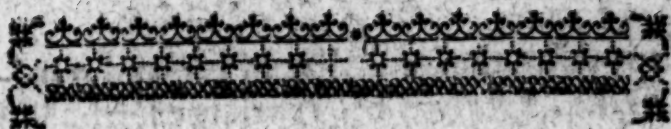
A very material objection may, indeed, arise, in respect to my capacity in conveying those sentiments, the accidents of my life have so deeply implanted. I have, therefore, followed an inimitable original, in the stile of the Sacred Dictates of Wisdom, whose beauties, if I have justly, though faintly, copied, I am satisfied, *the whole Duty of Woman* will need no other recommendation.

I am with all due respect,

My LORD,

Your LORDSHIP'S

Most obedient, humble Servant.



THE
WHOLE DUTY
OF
W O M A N.

SECTION I.
INTRODUCTION.

GIVE ear, O ye daughters of beauty, attend to the voice of your sister, for experience hath taught her wisdom, and length of days, virtue and underhanding.

My father was the brother of *tenderness*; my mother was the sister of *love*.

As the rose bud opening to the morn,
as the dew drop on the lily, so was the
loveliness of my youth.

I awoke at the rising of the dawn;
my

my salutation was that of joy and gladness. *Pleasure* beckoned me forth, and I sported in the sun shine of *plenty*.

The hours were swift, and ran smiling away ; but the lightness of my heart out lived the going down of the sun.

The day departed with the mildest breeze, and the night but invited me to the bed of repose.

My pillow was the softest down, my slumbers attended with golden dreams.

Thus one day passed away, and the morning of the next found me happy.

Happy are the hours of artless innocence ! happy the days of virgin simplicity, while the bosom is a stranger to deceit, and the heart unconscious of the painful sigh !

O that I could overtake the wings of time ! O that I could recal the pleasures of my youth ! for the days of my womanhood have been days of many sorrows ; the tears of misfortune have bedimmed the lustre of mine eye ; the lily is fallen, and the rose bud is blown and withered on my cheek.

For

For I listened to the voice of *adulation*, and her bewitching blandishments allured me to destruction.

The silver tongue of *flattery* is hollow, and laden with guile ; the manna that drops from her lips, is corrosive poison to the heart.

Hear then, O daughter of Britain. O fairest of the fair among women ! let my precepts be treasured in thy bosom, and walk in the ways of my counsel ; so shalt thou shun the thorn of reproach, more keen than the bite of the asp, more venomous than the sting of the scorpion.

The hand of scorn shall point its finger from thee ; the tear of misery shall never bedew thy cheek ; thy life shall be replete with good things, and peace and honour shall satisfy thy soul.

SECTION II.

C U R I O S I T Y.

AS the first of all evils, as the source of calamity, as the beginning of pain, avoid O daughter of Eve, the bewitching charm of curiosity.

Seek not to know what is improper for thee; thirst not after prohibited knowledge; for happier is she who but knoweth a little, than she who is acquainted with too much.

Remember thy mother, the daughter of heaven, arrayed in the whitest robes of innocence; forget not the fatal consequence of her disobedience.

How much happier in the bowers of paradise, feasting on the luscious grape of gladness, than wandering in the wilderness of care to chew the bitter weed of repentance!

Be thou contented, therefore, with knowledge fitting for thee; for in the acquaintance of many things, lieth not wisdom; but in the knowledge of that which is meet.

Let

Let the threshold of thy neighbour's door secure her family, let her window tempt not thine eye to see, nor the open casement thine ear to hear the secrets of her house.

The prying eye is a foe to itself, and the listening ear will hear itself slandered.

Art thou inquisitive after deeds of scandal and reproof, inquire of thyself, and thou wilt find employment within.

Art thou a virgin, doth the bloom of health glow lively on thy cheek, study not to know the ways of man.

As the way of a serpent in the grass, or a traveller over the waste, in a dark night, so the ways of man are dangerous and hard to find out.

Thy ignorance of his cunning may lay thee open to his deceit; but the knowledge thereof must be the consequence of thy being deceived.

Learn therefore, O woman, what thou shouldest know before thou seekest farther knowledge.

SECTION

SECTION III.

REFLECTION.

AS the way of a man who walketh, yet knoweth not whither he is going, so is the discourse of one who weigheth not his words.

As the chattering daw, that prateth without understanding ; as the young magpie, with its double tongue, talketh by rote ; as the monkey jabbers, as the green parrot squalls without ceasing, so is a woman, who regardeth not her speech.

Before thou openest thy lips to speak, reflect whether thou knowest the truth of what thou art about to say, or understandest the matter thereof.

Else thou mayst be detected in a falsehood, and thy assertions may be an impeachment to thy understanding.

So shall the stranger, and the acquaintance, repeat thy words to thy disadvantage ; the sincere will despise thee, and the wiser than thou, laugh thy folly to scorn,

Let

Let thy promises be few, and such as thou canst perform ; lest thou art reduced to break thy word, and it be hereafter reckoned of no account.

Be not less circumspect over thy actions ; for the sayings of thy mouth may be forgotten ; but the work of thine hands will make a deeper impression, and may be lasting causes of remorse.

Consider what thou art about to do, before thou beginnest thy work ; lest thou labour in vain, and the fruit of thy endeavours turn to no end.

Weigh thy strength and thy design ; lest thou faint under thy burden and fall short of the recompence of thy toil.

Wouldst thou attempt to reach up to the moon, the nurse would laugh and the young child hold thee in derision ; yet as well mayst thou undertake a work thou canst not perform.

Examine also the price of thy labour, the consequence of thy deeds ; lest, when thou hast finished thy task, thou art dissatisfied with thy wages.

B

For

For the consequence of precipitancy
is repentance at leisure.

The price of folly is reproach, and
the wages of sin is death.



SECTION IV.

V A N I T Y.

THOU art fair as the snow drop
of the spring, the rose of June
blows on thy damask cheek, thine eye
out sparkles the blue lustre of the sap-
phire, thou art stately as the tall fir-tree,
and thy presence is commanding as
majesty itself.

The east and the west pour forth
their treasures to deck thee; the sea
and land give up the pearl and the pre-
cious stone; thy array is the finest silk;
the diamond is a star on thy bosom, and
the ruby and the emerald are interwov-
en with the hair on thy temples.

Therefore vanity hath lifted thee up,
thou flutterest on the wings of thine
own conceit; thou despisest even the
ground

ground where the vulgar tread, thy
chariot is drawn by white horses, and
thy feet are hardly conscious of their
own burden.

O deluded woman ! the butterfly
and the gaudy tulip are emblems of
thy fancied importance.

They are decked in the pride of sum-
mer, they enjoy the sun shine a while,
but shortly fade and attract the eye no
more.

Is thy breath perfume, is thy taste
rich ? The particoloured carnation and
the speckled rose are sweet, and the
juice of the ripe grape as delicious as
thy taste.

But the rude hand of the spoiler com-
eth, both in the opening of the bud
and at the fulness of the bloom, and the
untimely frost turns sour the rich fla-
vour of the vine.

So misfortune may crop thy imagin-
ary greatness, in the bud of thy joys,
or in the full bloom of thy splendour ;
and the clay cold hand of disease con-
vert thy exquisite taste to undistinguish-
ing bitterness.

Doth

Doth gold pamper thee with dainties,
doth the smiling aspect of full fed plenty
delight thee :

Be not exalted beyond measure, for
thou knowest not how soon they may
forsake thee : when starving poverty
shall provide scraps for thy table, and
meagre want, with famine on her hollow
cheek, shall stare thee in the face.

Art thou quick of invention, is thy
mind stored with the talents of wit and
understanding, doth the power of elocution
sit on thy tongue, do thy periods
flow like honey from thy lips ; be not
vain glorious of these, nor boast them
in thy possession.

For the fool will take a pleasure to
peck at thee ; thy words will be sifted,
and thy speeches examined with the
nicest severity.

The malicious and the ignorant will
catch at the opening of thy mouth :
neither shall the justest of thy sayings
escape their criticism.

Nay, they will condemn thee unheard,
yea, censure when thou speakest not.

If thou sayest thou wilt act wisely
and

and eschew evil, and the frailties of human nature should overcome thee to do ill, they will then point at thee and cry out, *This is the wise woman who buildeth her house on a rock, who is sagacious to do good; let us profit by her example, let us take pattern by her wondrous wisdom.*

Avoid therefore, vain glory and self conceit; for she who listeth herself up, will others take a pride to pull down; and, if the day of calamity should come, her fall will be their triumph and their rejoicing.

But the humble shall be honoured in prosperity; they shall find favour in adversity; and compassion shall invite them to her home, in the day of trouble and distress.



SECTION V.

KNOWLEDGE.

WHO is she that travelleth from the farthest parts of the earth, who crosseth the mighty waters, to find

out the ways of the children of men ?

Who changeth her habitation daily,
who dwelleth in the fields and in the
populous cities, beneath the straw-
crowned cottage, and the golden roofs
of the king's palaces ?

Fatigue hath wrinkled her forehead,
her head is silvered o'er with age ; yet
she walketh upright, for experience is
her support and her strength.

Her name is Knowledge : she is the
daughter of Inquiry, and the mother
of many children.

For pleasure and profit, and experi-
ence, and sorrow and pain are the fruit
of her womb.

Wouldst thou, O fair one, be the
guest of her house, be satisfied with
what her table affordeth.

For pleasure standeth at the door and
inviteth thee with smiles, and profit
spreadeth the best on the board ; but
if thou desirest what she hideth from
thee, and pryest into the secrets of her
closet, experience will embitter thy
drink, and sorrow, like a churl, make
thy cheer and thy welcome naught.

It

It is not for thee, O woman, to undergo the perils of the deep, to dig in the hollow mines of the earth, to trace the dark springs of science, or to number the thick stars of the heavens.

Let the kingdom rule itself, let the wise men and the counsellors enact laws and correct them; the policy of government is a hidden thing, like a well of water in the bottom of a deep pit.

Thy kingdom is thine own house, and thy government, the care of thy family.

Let the laws of thy condition be thy study, and learn only to govern thyself and thy dependants.



SECTION VI.

R E P U T A T I O N.

BRIGHTER than polished silver,
more valuable than *Peruvian* ore,
more precious than the pearl in the sea,
than

than the diamond in the bowels of the earth, or all the shining treasures of the mines of *Potosi*, is reputation to a woman.

As the time that is past is gone for ever ; as the word that escapeth thy lips, returneth not again ; so is the good name of a woman, when it goeth from her.

Art thou beautiful as the morning, art thou comely as the evening, do strangers speak thy praise, and thy acquaintance pour their encomiums on thee ; yet thy way is a narrow path, from which, if thou strayest, thou wilt never more find it out, thy praises will be turned into revilings, and thy encomiums into keen reproach.

Art thou placed on an eminence, among the daughters of women, dost thou sit at the head of the board, do crouds of admirers bow down before thee with reverence ; yet thou sittest on a slender pinnacle, from which the sudden breath of indiscretion, or the strong blast of envy, may cast thee down ; so
shall

shall thy fall be that of a falling meteor :
thou shalt be despised in the dust, and
gazed at on high, no more.

Wouldst thou preserve this jewel of
an high price ; let not the boaster, nor
the professed betrayer, come near thine
house.

Be not frequent in the walks, nor in
the thronged parts of the city, nor in
the high places of the theatre.

Let not thy foot often leap at the
sound of musick, lest in thy dancing
days, thy reputation forsake thee.

Encourage not a train of admirers,
lest their envy and jealousy of each
other, cast an odium on thy conduct.

As the way of a man on the ridge of
an house, so is the fame of a woman a-
mong a croud of fools ; but the coquet
is light of heart, and danceth along ;
no wonder, therefore, she falleth.

Yet affect not to despise temptation ;
for the prude loseth her good name by
the means she taketh to preserve it.

As a man, on the brow of a preci-
pice, trembleth at the depth below, and,
fearing to fall, his head swimmeth, and
he

he is gone ; so is a woman who boasteth her reputation.

Keep the appearance of evil at a distance ; for the shew of a crime may be as fatal to thy reputation, as the reality of a transgression.

Sport not with thy good name, nor run it heedlessly into danger ; for the consciousness of thine own innocence, will not protect thee from reproach.



SECTION VII.

A P P L A U S E.

APPLAUD not on slight acquaintance ; be not over hasty in thy commendations.

For the deed that speaketh for thy sister, may not be owing to a deserving motive ; nor the words of her mouth proceeding from the sincerity of her heart.

By giving applause rashly, thou mayest be reduced to recal thy opinion ;
and

and thy praises hereafter, will not avail thy deserving friend.

Commend not thyself with thy lips ; but let thine actions speak in thy behalf.

Yet the merit of thy deeds may be lost in ostentation, and she that seeketh praise, will be disappointed therein.

Also, if thou disclaimest the encomiums to which thou art fully entitled, they shall be justly taken from thee again.

For she who affecteth to despise commendation, shall not enjoy the privilege thereof.

Be not exalted, though all men commend thee ; for thou knowest not but the breath of a whisper may convert their eulogies into revilings.

Give not applause to another, because she bestoweth it on thee ; lest the world detect thy motive, and thy words be held in derision.

Dost thou commend another for virtues more conspicuous in thyself, take heed lest thou art accounted the trumpeter of thine own deservings.

Be not too cold in the general applause,

plause, yet utter not thy praise without due deliberation.

Praise not a woman to the skies; for her most consummate perfection, is inferiour to the angels.

Thy friend will not thank thee for the extravagance of thy praise; for undeserved commendation is the severest satire.

Rather at all times approve than applaud; for the child, and the undistinguishing fool, clappeth his hand in ecstasy; but the judgment of the understanding examineth and approveth.



S E C T I O N VIII.

C E N S U R E.

BE not fond of reproving, for she who assumeth the place of a censor, will be esteemed arrogant; and she who reproveth others, must look well to her own conduct.

For the ill example of the reprover is a scandal to her office, as the mal-conduct

conduct of the preceptor bringeth his precepts into contempt.

Beware how thou censurest, lest in like manner thou art censured.

Trust not to the appearance of a crime, nor to the breath of report.

For as the specious shew of virtue may be hypocrisy, so the appearance of ill may be sometimes deceit.

The news of the day may awaken suspicion, but justice condemneth not without strict examination.

The report that prevaleth, may be the workings of envy ; and envy is uncharitable and delighteth in false accusations.

Prejudice is unjust ; for the look is not the true index of the mind ; neither doth a day, or a week, discover the behaviour of a stranger.

Be tender of the good name of others, so mayest thou find the same tenderness toward thine own indiscretions.

If thou art forced to condemn, condemn with gentleness and compassion ;—so shall thy praises last longer

longer than thy beauty, and thy reputation, from the ornament of thy youth, become the comfort of thy age.



SECTION IX.

INSINUATION.

LET not thy praises favour of irony ; nor thy compassion be mixed with evil reflections.

Insinuation is sly ; the breath of her mouth is subtle, and penetrateth unobserved into the heart of her that heareth.

It is sharp as the east wind ; it blasteth wherever it blows.

It is poisonous as the breath of the slow worm ; it is venomous as the lick of the young adder.

She affecteth to pry the backslidings of her friend ; yet she taketh an opportunity to spread the knowledge of them abroad.

She speaketh in all gentleness of her neighbour,

neighbour, and concludeth wishing things were otherwise with her.

She crieth, it is hard to judge ; but faith, can every body be deceived ?

The glance of her eye conveyeth evil thoughts, and the motion of her head giveth room for the apprehension of ill.

If she pointeth with her finger, yet sayeth nothing ; her looks are more significant than the strongest phrase of speech.

Her silence is more destructive than the clamours of the loudest calumny.

Insinuation is barbarous and full of guile, she putteth on the face of friendship to abuse.

She smileth while she stabbeth to the heart ; she woundeth where she pretendeth love.

Be open in thy censure, or censure not ; for he who deserveth not reproof, should be free from the breath of suspicion.

SECTION.

SECTION X.

AFFECTATION.

WHO is she that cometh tripping with nice, mincing steps ; whose tongue lispeth sweetness, and whose form is not her own ;

She hath put off herself, and decked her with the borrowed plumes of others, by whom she is despised.

She affecteth melody of voice, and harmony of speech, and wisdom, and importance, and dignity of deportment.

Her dress is antick and singular, her attire is gaudy or rich to excess.

She hath forgotten how to tread ; she neither danceth nor walketh along.

She distorteth her features to appear lovely, she laugheth at nothing to shew the beauty of her teeth.

She washeth her cheeks till the native bloom departeth away ; then painteth with the artificial rose.

She placeth herself in the midst of an assembly ; she delighteth to dance alone, she sitteth in the foremost seat of the theatre.

She

She is pleased to hear herself speak ;
she listneth not to the voice of another.

She breaketh in upon the discourse
of her sister, and finisheth the sentence
her neighbour hath begun.

She taketh on her to instruct the
wiser than herself, and to teach what
she understandeth not.

Dost thou laugh at her folly, she
will pity thy ignorance, and go on in
her own way.

She is incorrigible till she seeth her-
self in the form of another ; yet even
that may not make her sensible of her
error.

Beware, O daughter of beauty, lest
thou art misled by affectation ; for
thou wilt be neglected by others, till by
reflection thou discoverest the cause, and
art led to despise thyself.

SECTION

SECTION XI.

M O D E S T Y.

BEHOLD the daughter of innocence! How beautiful is the mildness of her countenance! How lovely is the diffidence of her looks!

Her cheek is dyed with the deep crimson of the rose; her eye is placid and serene, and the gentleness of her speech is as the melting softness of the flute.

Her smiles are as the enlivening rays of the sun; the beauty of her presence as the silver light of the moon.

Her attire is simple; her feet tread with caution, and she feareth to give offence.

The young and the old are enamoured with her sweetness; she carrieth her own commendation.

She speaketh not the first in the conversation of women, neither is her tongue heard above her companions

She turneth not her head to gaze
after

after the steps of men ; she inquireth not of them whither they are going.

She giveth not her opinion unasked, nor stoppeth her ears to that of another.

She frequenteth not the publick haunts of men, she enquireth not after the knowledge improper for her condition.

So becoming is the behaviour of modesty, so lovely among the daughters of women !

Is there who hath forgotten to blush, who playeth with the wanton glances of her eyes, who replenisheth the cup when the toast goes round, and despiseth the meekness of her sister.

Shame shall overtake her in the prime of her days, and the years of her widowhood shall be infamous as they are many.

SECTION

SECTION. XII.

C H A S T I T Y.

WOULDST thou be honoured of thy Creator, wouldst thou be happy in thyself, wouldst thou be lovely in the eye of man; without chastity thou wilt be neither of these.

For its loss is the loss of peace and satisfaction to thy soul; and the consequences too often the worst that can befall thee.

He that robbed thee of it, will despise thee, and expose thy want; and she that hath in secret forfeited her own, will hold thee in much contempt.

Behold the house of incontinence; the mark of infamy is indelibly stamped on the threshold, and on the posts of the door.

At the window sitteth misfortune forcing a smile; and within are remorse and disease, and irretrievable misery.

The children of her house are the
curse

curse of their mothers, and their lives the growing monuments of their infamy.

Art thou chaste, boast not therefore; the security of thy possession is as brittle glass, that may by accident fall and be broken.

Be on thy guard, for thou knowest not the weakness of thy nature, nor the power of temptation.

Is there a man with whom thou delightest to talk; let not thine ear be too familiar with his discourse.

Doth he teach philosophy, and entertain thee with the researches of knowledge; yet beware lest he instruct thee too far.

Is he accounted modest, and sober, and virtuous; depend not on the truth of these pretences.

Doth he promise thee fair, doth he protest in the sincerity of his heart he meaneth no harm, yet believe him not, neither put confidence in his discretion.

Doth he only ask a kiss of thy cheek, indulge not his frequent request; lest the sweetness thereof inflame him

to desire, and the poison of his lips descend into thine own bosom.

Taste not the wine, when the bowl goes a second time round : join not often with him in the sprightly dance ; nor suffer *opportunity* to overtake thee.

By avoiding temptation thou mayst preserve thy chastity ; but man is the serpent of deceit, and woman is the daughter of Eve.



SECTION XIII.

COMPLACENCE.

TIMOROUS as the tender fawn, pliant as the bending osier, gentle as the young turtle, and affable as courtesy itself, is the daughter of complacence.

She maketh friends wherever she goeth, she is loved by all the children of men.

Her behaviour winneth the stranger, and endeareth her to those of her acquaintance.

Do

Do her steps lead to the house of mourning, she cometh not in dancing; neither doth the lightness of her heart disgust the wedded to calamity.

She weepeth with those that weep, she laugheth with those who laugh; she singeth in the house of gladness, and rejoiceth in the joy of her neighbours.

She giveth not her advice to the stranger, nor openeth her lips among a croud of visitors, till after the rest have spoken.

She fashioneth her behaviour to the model of others; wherefore, all must approve the resemblance of themselves.

In the strait betwixt two, she is silent; she divulgeth not herself, that either may know to condemn or approve.

Art thou deceived, she will mildly endeavour to set thee right; but if thou art froward to be instructed, she will permit thee to enjoy thy opinion undisturbed; so shalt thou praise her when thou findest out thy error, for
having

having so modestly left thee in thy deception.

She is the sister of moderation ; she denieth none the privilege of thinking for themselves.

She urgeth not belief where a doubt is remaining, nor denieth a scruple the power of conviction.

Dost thou admire her steps, wouldst thou reap the advantages thereof ; yet be cautious lest she lead thee astray.

Follow not a multitude till they lead thee into evil, nor fear to draw back when thy sister goeth wrong, though she be offended at thy singularity.

Be not over courteous, lest thy modesty suffer ; fear not being accounted unfashionably virtuous, lest thou afterward reproach thyself.

Better is the reviling of the world to the innocent, than the reflections of self reproach to the guilty.

Complacence will endear thee to the world, but vigour to thyself and thy Creator.

The love of many bringeth gladness

to the heart ; but happiness is only the companion of the upright.



SECTION XIV.

ACQUAINTANCE.

WHO is she that biddeth thee good morrow, that kisseth thy cheek at parting, and giveth thee an invitation to her house ?

She is an acquaintance, believe her not ; go thou to her home, tarry a while and thou wilt find her out.

The coldness of her respect will appear in thy welcome, and the distance of her behaviour will pall thine entertainment.

Doth she promise thee much in thy prosperity, and wish an opportunity to oblige thee ; thou shalt see her avoid thee in the day of thy trouble, her door will be shut against thee, and thy name estranged from her knowledge.

Doth she sympathize in thy misfortune, doth she tell her sorrow for thy
D
present,

present distress ; yet her cheek is dry, and she forgetteth thee the moment she turneth from thee.

Doth she rejoyce to see thee, yet her eye sparkleth not ; is she sorry for thy departure, yet her countenance altereth not.

Good offices are familiar to her tongue, but if thou claimest her promises, she is astonished and knoweth not what thou meanest.

She calleth herself thy friend to thy face, and owneth to a third person, she hath some knowledge of thee.

Trust her not with thy dealings, let her have no knowledge of thy ways ; for she is the spreader of scandal, and inquireth after news to divulge it.

Avoid also the number of her sisters, nor let them find out the way of thine house.

SECTION XV.

FRIENDSHIP.

AS the tenderness of a mother in the hour of thy distress, as the love of a father in the day of thy trouble, so is the help of a friend in the time of need.

Dost thou think thou hast many friends, do they profess much love, are they lavish in their promises of kindness; be not credulous, nor rely on the form of set speeches.

The breath of the mouth is cheap and costeth nothing, and the tongue moveth slippery within, but the heart is often unacquainted therewith.

Hast thou tried their sincerity, hast thou experienced the veracity of their promises, have they served thee when thou stoodst in need of their assistance; yet, for all this, beware how far thou confidest in them.

Try them once and again, and at the third time they may cast thee off, and say thou troublest them too often.

Hast

Hast thou a friend, put it not in her power to be much thine enemy, if thou can't avoid the necessity thereof ; for thou knowest not how slight an occasion may turn her heart against thee.

Thy bent of inclination, thy agreeable accomplishments, may excite many to a shew of amity, for a while ; but friendship dwelleth not in outward appearance.

Thou art not indebted for their kindness, the favour thou receivest is but the price of thy talents, and their own interest the motive of their good will towards thee.

There are those who make friendships on purpose to betray ; who confer obligations, that they may exact obedience.

Who think they have a right to command thee ; thy life and thy reputation, they will boast as the effect of their tenderness, and thy success as their care toward thee.

Have no confidence in these ; neither desire to be entrusted with the privacies of their actions.

Who

Who giveth thee a secret and enjoineſt thy ſilence, ſhe doth it that ſhe may have the pleaſure of telling it herſelf.

Yet let not thy diſtruſt ſtir up ingratitude. The favour of the day deſerveth the thanks thereof, till the injury of tomorrow cancels the obligation.

Is there a friend indeed, thou wilt know her when thy acquaintance forſake thee: will ſhe defend thy innocence when all men accuſe thee falſely, will ſhe bear reproach unjuſtly, for thy ſake? take her to thy boſom; ſhe is a jewel of an high price, a diamond of ineſtimable value.



SECTION XVI.

ELEGANCE.

AS the diamond is an ornament to beauty, ſo is elegance, to the behaviour of a woman.

Art thou modeſt, art thou chaſte, is thy reputation unſullied, is thy ſame

spotless as the new fallen snow ; yet elegance will make the still more worthy admiration.

As the crow or the raven, which devour carrion on the hills of the north, differ from the singing bird of the Canaries, so differeth the elegant woman from her who is wanting therein.

As the elegance of dress adds grace to beauty itself, so delicacy in behaviour is the ornament of the most beautiful mind.

Discover not the knowledge of things, it is not expected thou shouldst understand ; for as the experience of a matron ill becometh the lips of a virgin, so a pretended ignorance is often better than a shew of real knowledge.

Undistinguishing levity giveth hourly offence, and the form of solemnity becomes unbecomely when it lasteth too long.

Is there a word that will offend, is there a tale thy companion chooseth not to hear ; avoid it in thy discourse ; so shall

shall she honour thy prudence, and applaud thy good nature.

Art thou lettered, let not the difficulty of thy speech puzzle the ignorant; lest, instead of admiring thy knowledge, they condemn thee for pride and affectation.

Yet let thy words be choice as the matter of thy speech, nor pervert the elegance of thy phrase to suit the gross apprehension of the weak and injudicious.

Perspicuity will never force thee to be indelicate, or to forget thou shouldst support the elegance of a woman.

Let thy actions be proportioned to thy speech, so shalt thou gain respect; for who so setteth a watch over the breath of her lips, will preserve the work of her hands free from blame.

SECTION

SECTION XVII.

F R U G A L I T Y.

GIVE nothing foolishly away. Whoso scattereth abroad, will find herself the loser; who throweth her substance away, shall lift up her hands empty in the day of necessity.

The hand which lavishly distributeth its goods, will at length close its fingers in emptiness.

Profusion lasteth not forever; the daughters of riot will become the children of poverty.

Who streweth her money in the streets is not generous; who giveth it vainly away is as guilty of waste.

Hast thou enough, preserve it for thine own use; hast thou too much, bestow it, that those who merit, may not want bread.

What thou bestowest on the deserving, is not the voluntary gift of thine hands, but a debt thou owest, and art bound in justice to pay.

The

The meritorious are entitled to thy superfluities : if thou keepest it from them, thou committest an act of injustice, and wrongest thy neighbour of his right.

If thou givest it to the undeserving stranger, thou givest away the property of another : it is no charity.

Sayest thou, these things are mine, I may use them as I list :

Canst thou employ them to thy comfort, thy honour, or thy advantage, thou hast then no superfluity : if otherwise, they are not thine, they are put into thy hands for the use of others, and they will be required of thee.

Be frugal therefore in that which thou employest for the use of those who need, as in that which thou keepest for thyself.

Waste not the substance of the deserving poor, nor wrong him of his inheritance.

His merit is a right, and as just as thy immediate possession.

Who

Who hath riches that are a burden to herself, she is not frugal.

Doth she waste them by hoarding them in secret, doth she cast them away in riot and profuseness; she cheateth herself, and abuseth her trust: for the miser and the prodigal defraud both the world and themselves.



SECTION XVIII.

EMPLOYMENT.

FROM whom cometh evil? from whom poverty and dejection of spirit?

Idleness is the mother of mischief; idleness is the parent of shame and disease.

The slothful spendeth the day in slumber, she waketh at noon, she drinketh her cordial, and inquireth the time of the morning.

She turneth again to sleep, and awaketh not till the dinner of the evening.

She

She converteth the night into day,
and keepeth the light of the sun hid
from her eyes.

Her house is a scene of riot and confusion,
she hath eve servants.

Her appetite faileth, and the physician
is daily set down at her door.

Industry is up with the sun, she
awaketh at the crowing of the cock,
and walketh abroad to taste the sweetness
of the morning.

She is ruddy as the daughter of
health : her ears are delighted with the
musick of the shrill lark.

Her garment sweepeth the dew drop
from the new stubble and the green
grais, and her path is by the murmuring
of the purling brook.

Her appetite is keen ; her blood is
pure and temperate, and her pulse beateth
even.

Her house is elegant, her handmaids
are the daughters of neatness, and plenty
smileth at her table.

She saunters not ; neither stretcheth
herself out on the couch of indolence.

She

She crieth not, what have I to do ?
but the work of her hands is the
thought of a moment.

She listeneth not to the gossip's tale,
she sippeth not her tea in scandal ; but
employment is the matter of her dis-
course.

Her work is done at the evening,
but the work of the slothful is put off
till tomorrow.



SECTION XIX.

VIRGINITY.

THE coronet of glory decketh the
head of the young vestal, she sit-
teth in respect, her steps are attended
with reverence, and the words of her
mouth are held in high estimation.

She approacheth the excellence of
angels, her state is that of the most per-
fect innocence of mortality.

The Heathen consecrated her to di-
vinity, her trust was esteemed an invio-
lable security, and her intercession gave
life

life to those who had forfeited it unto death.

The Christian calleth the mother of salvation by her name, she is honoured throughout the whole earth.

Art thou enamoured with the beauty of her condition, wouldst thou honour thyself in her situation; attend to the voice of instruction, and shun the rock, on which the vessel of thy sister hath been dashed to pieces.

Presume not on a vow of chastity, nor be transported with the zeal of voluntary virginity; there is no merit in constraint, there is no virtue in forced obedience.

Be cautious lest thou sully the whiteness of innocence; the least speck is seen on the new fallen snow.

Let not curiosity mislead thee; for curiosity is unseemly in a woman, but in a virgin, dangerous as the breath of evil.

Let thy conversation be with the sisters of elegance; listen not to the levity of the daughters of indiscretion.

E

Do

Do they say there is no harm, we may talk, for the words of our lips are air, and not criminal; these are the snares of the licentious; the breath of their mouth is malignant, the sparkling of their eyes is contagious.

They will infect thee to do ill, thou wilt fall into the snare before thou art aware thereof.

As the ladder descendeth by degrees, so many are the intermediate steps between the modesty of the virgin, and the boldness of a prostitute.

Let not thine ear listen to the tale of the wanton, nor be privy to the amour of thy sister, even with her sworn spouse.

Delight not in the romantick tales of love; the triumphant beauty and the captive knight, are deluding images to thy passions.

A fictitious tale, may awaken a real curiosity, and that may prove fatal to thy peace.

Learn not wisdom of thy companions, nor endeavour to over reach the sagacity of thy mother.

Let

Let thy toilette claim thy morning hours, but dress not a second time in a day.

Thy elegance will be an ornament, but thy frequent change of apparel will favour of profuseness and uncertainty of temper.

Let not thy servants fly thick with invitations, neither be thou much affected if the rout be put off till tomorrow.

Be not perpetually gadding abroad, neither let the gadder abroad be often invited to thine own home.

In thy father's house, learn the economy of a wife from thy mother; so shalt thou carry it into life, and be the comfort of thy future husband.

Is there who delighteth in assemblies, who prideth herself in the pleasures of the mask, who staketh her fortune on a dye; she putteth her honour in the hands of a sharper, and placeth the jewel of her reputation on the next hazard.

The days of her virginity shall want the honour thereof; and the man who giveth

giveth his freedom for her embraces shall repent of his bargain.

Grey hairs are uncomely to the virgin, the antient maiden is a byword with her sisters, and is accounted ill conditioned among women.

Doth she strive to hide her years, doth she assume the gaiety of her youth ; her celibacy will not appear the effect of choice, but of necessity.

Reject not the ordinance of marriage, nor put the day afar off, when it promises thee happiness.

Yet trust not a man, on thine own knowledge ; confide not in his appearance before thee.

Deceit is familiar to his ways, and flattery and hypocrisy the fruits of his tongue.

Is he obsequious, ceremonious, and full of words ; though the honey of the wild bee is on his lips, yet the sting of the hornet lieth hid in his bosom.

Be not taken with the appearance of gaiety ; the painted butterfly is an emblem of the coxcomb.

Be

Be not deceived by the high opinion of heroism, by the empty braggard; he is as the found of a drum, and the security he promiseth thee but the defence of a coward.

Neither is the valour of a man, or the strength of his arm, an indication of the integrity of his heart.

Hath he slain his friend in defence of thy beauty, is his sword loose in its scabbard; join not thy hand with his, lest thou repent the magnanimity of thine husband.

Take not a man absorbed in study, the philosopher is not a man of this world; he will be absent even in thy company, he will be as a child to be taught the common forms of ceremony.

He will hold thee inferiour to his profound wisdom, he will regard thy remonstrances as the conceptions of a weak woman.

Thou wilt have no companion in him; he will be wanting in the duties of his family.

Listen

Listen not to the servile, who cringeth low and is a beggar in his solicitations ; for when he hath command, he will be imperious ; thou wilt perceive he knoweth not himself.

Avoid the libertine as the fiery serpent ; he is the destroyer among the daughters of women.

Thou wilt be wedded to him, yet have no husband ; thy bed will be barren, and thy nights comfortless and forsaken.

Doth he promise reformation, yet thou hast no security.

Dost thou flatter thyself thy charms will engage him for ever, thou wilt find thyself deceived e'er the waning of the moon be over.

Give not thy youth to the embraces of age, nor the treasure of thy beauty to enrich the poverty of the decrepid.

The gravity of age ill suiteth the levity of youth, and disparity of years is the source of many inquietudes.

Sell not thyself for gold ; for contentment is not the portion of riches.

Let

Let the voice of a parent sanctify thy choice, but let thy director there to be thine own happiness.



SECTION XX.

MARRIAGE.

HAST thou taken to thyself an husband after the institution of heaven, hast thou consented to be bone of his bone, and flesh of his flesh.

Love him as the partner of thy happiness, as the sharer of the pleasures and pains of mortality.

Without love the husband is a tyrant, and the woman is a slave.

The matrimonial vow is a commercial contract without affection; it is the shadow of marriage, and not the substance thereof.

Doth he respect thee; do thou nourish and improve his affections.

Art thou perverse and froward, so shall thou extinguish the flame of love,
and

and raze the traces of kindness from his bosom.

Art thou enamoured with his accomplishments, yet let not thy affections outrun his desires ; lest thy fondness too openly disgust him.

Neglect not the little arts of endearment ; but let the charm which captivated the lover, secure the attachment of the husband.

Forget not the elegance of thy virginity, but appear every morning as at the morning of the bridal day.

Let not jealousy come near thy bosom ; it is the monster that feedeth upon its own entrails.

It is called the child of love ; but as the viper whose birth is the death of its parents, so is the conception of jealousy the destruction of the mother that bears it.

Be thou cautious to destroy suspicion in the breast of thine husband, lest it prove as fatal to thy peace, as if the fruit of thine own conception.

Suspicion goeth about whispering lies, she will fill thy brain with waking dreams,

dreams, thy sleep shall forsake thee, and thou wilt have no rest night nor day.

Her companions are wrath and anger, and malice and revenge, for jealousy is the rage of a man, and the madness of a woman.

Hath thy husband deceived thee, doth he proclaim it aloud, doth he publish it in the streets, and boast his shame as an act of glory ; pour not vinegar on nitre, neither apply corrosives, where the balsam of tenderness is wanting.

Neither the thunder, nor the storm of hail, closeth the openings of the dry earth, but the soft dew and the gentle showers of heaven.

Return his injustice with mildness of reproof, that his guilt may not have to reproach thee with bitterness ; so shall thy meekness sting him deeper than the sharpest venom of the clamorous tongue.

The roaring of the stuck swine exciteeth not our pity ; but the patience of the bleeding lamb awakeneth to compassion.

Art

Art thou suspected, yet hast thou been solicitous to approve thyself virtuous ; patience will heal the wounds of his unkindness.

Tempt not the weakness of his suspicion by unwonted levity ; thou shalt but inflame him the more, for his mind is distempered.

Wouldst thou urge a madman when he stareth, wouldst thou give him a sword that he may wound himself ?

Make not thine husband a stranger to thy friends, lest the fashion of the times make you strangers to each other.

Be thou obedient, for the law of superiority is given to man from above, and subjection is the portion of the daughters of Eve.

The imperious woman raiseth a storm for her own shipwreck, and she that affects dominion should be made the slave of her husband.

As rebellion lifteth up its head against its sovereign, and thereby adds weight to the yoke it attempted to shake off ; so the subjection of a wife
when

when she usurpeth to govern, should be converted into servitude.

Expole not the infirmities of thine husband neither contemplate on his imperfections, cast thou a lustre on his virtues, for the beauty of his conduct is an honour to thine own head.

Be not luxurious nor extravagant lest thou convert the riches of thy husband into toys that avail not, and trinkets that are of no profit.

Affect not beyond thy sphere, nor think the honour of thy family is in the appearance of great things.

Preserve thy vow inviolated for the strayings of thy husband absolve thee not.

SECTION

SECTION XXI.

E D U C A T I O N.

ART thou a mother, let thy child be the darling of thy affections, let the fruit of thy womb be the first partaker of thy tenderness.

Are thy pleasures dearer than thine offspring, dost thou become cruel like the ostrich of the wilderness, art thou hardened against thy young ones as though they were not thine; they shall live to look coldly on thee, they shall not regard thee as a mother, in the days of thy widowhood.

Dost thou refuse them nourishment from the fountain of their life, the sea monsters draw out the breast and give suck to their young, but the milk of human kindness is denied to her children.

Dote not on the idol of thy womb, for the extreme fondness of a mother is as dangerous as the violence of her hate.

Thy

Thy darling shall be taken from thee in the excess of thy love ; or if it live, it shall grieve thine eye and consume thine heart, it shall bring a curse upon thee, and not a blessing.

In the morning of infancy, when the dawn of reason appears, learn thy child obedience.

On this foundation thou mayst build high towers ; this clay thou mayst mould into what form thou pleasest.

An obedient mind is ductile and tender, but a stubborn breast taketh no impression.

As the young osier groweth as it is bent, as the shoot of the vine curleth as we list ; so is a young child in the hands of its mother.

Correct betimes ; lest thy indulgence be cruel, and evil become habitual.

Trust not a servant with the education of thy son, nor a maid servant with the tuition of thy daughter.

Study the temper and capacity of thine offspring, and model thy reproof and severity in proportion thereto.

F

Let

Let not the austerity of a parent deny complacency to its own child ; lest it descend to familiarity with servitude, and listen to mischiefs of flattery and insinuation.

Make thy daughter thy companion, so shall she become thy friend, the yoke of duty will be light, and the obligations of the child become the voluntary offices of good will towards thee.

Is thy daughter beautiful, lead her not into the publick haunts for admiration ; for the way of a virgin, just rising to the estate of woman, is a path where the nicest foot will slip, if the hand beareth not on the staff of education.

Let not the bowels of the mother petrify against her child, let her not cast off her daughter to misery.

Sell her not ; neither make a sacrifice of her youth to the power of gold.

As those who offer immolations to Moloch, so are the idolaters of Mammon.

Let

Let not thy conduct be a reproach to thy precepts ; lest thy daughter disregard thee, and say, thou teachest others, but teachest not thyself.



SECTION XXII.

AUTHORITY.

ART thou supreme in thine own house, or art thou second, in delegated authority ; trust not the concerns of thy family to a servant.

Tempt not thy domesticks, by putting confidence in them ; give them not room to be merely eye servants.

Dost thou raise one above the rest ; let him be such whose merit is conspicuous ; so shalt thou excite commendable emulation in his fellows.

Let not the numbers of thy servants exceed the business of the day ; for the hand that wanteth employment, is ready to lay hold on mischief.

An

An unprofitable servant is a scandal to his master, he bewrayeth the hand that provideth him bread.

The vice of thy servant will be a reproach to thine house, for he goeth by the name of his mistress.

If he serve thee faithfully, cast not off thy servant in distress ; neither let him ask thee for his wages.

The detention of the price of the hireling is injustice and exciteth him to be his own pay-master.

Let not the deserving feel the weight of his servitude ; neither bid the best of thine household sit down at thy table.

The reward of a good servant should be much favour, but familiarity will bring thy kindness into contempt.

SECTION XXIII.

WIDOWHOOD.

IS thy love stronger than death, do thy affections survive the decease of thine husband? doth thy flame burn unextinguished, even as the funeral lamp of the sepulchre?

The obligations thou liest under, are sacred to the remains of him thou lovest.

Be not pompous in the burial of the body, but embalm his memory and perfume it with fragrance of his virtues.

Let his frailties sleep with him in the grave, let his offences be remembered no more.

The care of a husband's honour is honour to a wife, and the tenderness to preserve it is most comely to the widow.

Art thou guardian to thy children, wrong not the fatherless.

The orphan and the widow, are

joined in calamity ; therefore let them not rise up against each other.

Art thou young and seekest a second espousal, experience hath not made thee wise.

Thou art as a galley slave, who, in the madness of joy for his liberty, runneth himself again into bondage.

Art thou antient, yet seekest the embraces of a young spoule, he will be the bane of thy latter days ; he will bring jealousy to thine heart, and misery to thy grayhairs.

He will think himself a living body tied to a dead carcass, and hold thee loathed in his sight.

Dost thou think to fix the giddy appetite of youth,? thou mayst buy beauty, but it will not become thee ; thou mayst paint, but it will not make thee fair.

When thou art dressed for the bridal morn, men shall say, is this decking for the living, thou deceivest thyself ; if for the dead, make haste to follow him.

SECTION

SECTION XXIV.

RELIGION.

BRIGHT as the morning star, dressed in the radiance of the sun beams, cometh the seraph of immortality.

She approacheth in white robes, her eye is fixed on the heavens, her knee is humbled in the dust, she giveth laws to the daughters of women.

She teacheth the way of virtue, her precepts are simplicity and truth.

Her profession is pure and undefiled, her temple is not filled with priests.

The duties she enjoineth, are plain and easy ; she dealeth not in the systems of speculation and vain philosophy.

She perplexeth not the mind with the hypotheses of scepticism, neither the cavillers nor the sophists are the teachers of her precepts.

Attend

Attend to her counsel, and abide by her instructions ; so shall peace be the companion of thy reflections, and happiness the partner of thy contemplations.

In the practice of piety is satisfaction on earth, and its reward is on high, in the regions of bliss and immortality.

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